

## RESUME

NAME MARIA WASIELEWSKI RN, MA.  
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EDUCATION: Master of Arts in Counseling and Guidance, University of Arizona, 1990.  
Bachelor of Science in Health Education, (with Distinction) University of Arizona, 1986.  
Associate Degree in Nursing, Northern Arizona University, 1978.

### EXPERIENCE AND EMPLOYMENT:

1990 – Present Individual, Group and Family Counseling. Private Practice.

2018 – Present Instructor in Adlerian Psychology – Theory and Approach, offered through the Greek Society of Adlerian Psychology

2017 – 2019 Ongoing (closed) Women’s Group offered through the Greek Society of Adlerian Psychology

2017 – 2019 Part-time Counselor in Middle/High School Counseling – On-call nurse, America Community Schools of Athens

2016 – Present Counselor Supervisor to Counselors seeing clients of the Greek Society for Adlerian Psychology Counseling Service.

2012 – Present Volunteer Trainer/Coordinator for Merimna – Society for the Care of Children and Families Facing Illness and Death

2003 – 2005 College Advisor, American Community Schools of Athens

1992 – 1997 Counseling Psychotherapist and Volunteer Trainer/Coordinator for Center for Life (A.I.D.S.Support Center).

1991-1992 Counseling Supervisor to PIKPA Volunteers for Greek Society of Adlerian Psychology.

1990 -1992 Counseling Psychotherapist, Dialysis Unit, Hygeia Medical Center, Greece.

1990 Counselor Intern, American Community Schools of Greece.

1988-1990

- Agency Psychiatric Nurse at local Tucson Psychiatric Clinics.
- Graduate Research Assistant, University of Arizona, Counseling and Guidance Department.
- Family Counseling, Canyon Del Oro High School.
- Counselor Intern at Employee Assistance Program of Tucson.
- Counselor Intern at Las Familias Sexual Abuse Treatment Center.
- Co-facilitator to weekly group of Peer Counselors, Shanti Foundation.
- Counselor/Presenter for Matrix Drug Education Program.

1987-1988 Supervisor and Coordinator of Infection Control Program, Hygeia Medical Center, Athens, Greece. Duties included patient and staff counseling and education.

1986 -1987 Substitute Teacher, A.C.S. Middle and High Schools.

1982 -1984 Supervisor of the School Health Program for A.C.S., Greece. In addition to Nursing duties, worked closely with the School Counseling Center, the Child Study Team and ran in-service programs for students and faculty.

## ADDITIONAL TRAININGS – WORKSHOPS

- Working with Dreams Workshop – ICASSI 2021
- Leadership in Action Workshop – ICASSI 2021
- Counseling in a Crisis Period: Crisis Intervention 12/2020
- Counseling in a Digital World, Basic Skills needed for Tele-Counseling 11/2020
- EMDR Therapy – Applications with Birth and Trauma, Dr. Paul Miller 2/2020
- EMDR Therapy – Applications with Schizophrenia and Psychosis, Dr. Paul Miller 2/2020
- Couples Relationships Workshop – ICASSI – 2019
- Understanding Couples Workshop – ICASSI - 2019
- Motivational Interviewing Workshop – ICASSI -2019
- How to Talk to Gamers Workshop – ICASSI – 2019
- Blended Psychotherapy, Psychological Trauma, (2018) 11/2018 – 6/2019 Zoi Schillat
- Death; An Unavoidable Reality Workshop, Nahi Alon, MA 5/2018
- Psychodrama Uses and Techniques, Nena Blassa 6/2010
- E.M.D.R. (Part 2 completed) 2005.
- Therapeutic Hypnosis, Dr. Nachi Alon (3<sup>rd</sup> level completed) 2002
- Psychological Support of Children Facing Illness or Death, Merimna. 1999
- Focused Expressive Psychotherapy, (2<sup>nd</sup> level completed) 1998
- Family Therapy Training with Drs. George and Basso Basiliou. 1994
- Use of Genograms in Family Therapy, Dr. Ruth Unger.
- The Unattached Child, Treatment and Diagnosis.
- Lifestyle Analysis and Interpretation
- Interpretation of Pictures in Therapy, Dr. Bill Young.

## PRESENTATIONS AND SEMINARS:

- Development and Implementation of 36 hour Volunteer Training Program for Merimna, 1/21-6/21
- “Helping Children Cope with Chronic Illness and Loss” Adlerian Society Presentation 5/18
- “Stress and Burnout, Common Hazards of a Busy Life” A.C.S. Greece 5/07
- “Loss as a Part of Life” Adlerian Society, Greece
- “Assertiveness Training Workshop”, U.S Embassy, Greece.
- “Losses in Our Lives” Annual Adlerian Society Seminar
- “Children and Grief”, La Verne University, Greece
- “Dangers of Burnout”, Seminar for Greek State Detention Centers Personnel.
- “Care for the Caretaker”, Workshop for Adlerian Society Volunteers.
- “Anger Therapy in the Resource Room”, A.C.S., Greece.
- “Drug Abuse in the Family, Therapeutic Considerations”, A.C.S. Greece, Parent Education Night, .
- “Dealing with Loss” International Nurses Association of Greece.
- A.I.D.S Presentations at Greek and Foreign Schools.
- “Stress and the College Student”, La Verne University, Greece.
- “STEP and STEP/TEEN” Parenting Program for parent groups, Greece.
- “Psychosocial Needs in the Care of the Chronically Ill Patient”, Hygeia Medical Center, Medical Staff. Greece

## PROFESSIONAL ASSOCIATIONS:

- Hellenic Association for Counseling – Certified Member #001764
- European Association for Counseling – Certified Member #HAC2098
- Founding and current Board Member of Merimna, Society for the Care of Children and Families Facing Illness and Death.
- Hellenic Society for the Palliative Care of Children and Adolescents,
- American Association of Counseling and Development
- American Association of Multicultural Counseling
- Greek Society of Adlerian Psychology (Past Board Member)
- Greek Institute of Therapeutic Hypnosis
- Registered Nurse (currently inactive)
- ADDITIONAL SKILLS: Greek Language: 95%. Computer Skills: Moderate to high

