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EDUCATION

- 1977-1983: University of Athens, Medical School, Medical Degree
1985-1987: Karolinska Institute, Stockholm, Sweden – Licentiatexamen i Psykiatri (Equivalent to M.Med.Sci. in Psychiatry)
Thesis: *Patterns of drug, alcohol and tobacco use, and indicators of psychological distress among Greek immigrant adolescents*. Monography ISBN 91-7810-988-4, Kongl Carolinska Medico Chirurgiska Institutet, Stockholm.
1988-1991: Rotational Training in Psychiatry, The Maudsley and The Bethlem Royal Hospitals, London, UK - MRCPsych
1991-1995: Higher Rotational Training in Child & Adolescent Psychiatry, The Maudsley and The Bethlem Royal Hospitals, London, UK - Certificate of Completion of Specialist Training (CCST, UK)
2003: Ph.D.: Institute of Psychiatry, King's College University of London, UK
Thesis topic: *"Preschool hyperactivity: Development of observational and self-regulation measures for detecting hyperkinetic disorder in preschool children"*. (PhD Thesis, Dissertation Abstracts, British Library).

LANGUAGES: Greek - Polish – English

PROFESSIONAL POSITIONS

- 1984: Rural Doctor, Lesbos
1988-1995: Senior House Officer (1988-1989), Registrar in Psychiatry (1990-1991), Senior Registrar in Child & Adolescent Psychiatry (1991-1994, Locum Consultant (part-time) in Child & Adolescent Psychiatry (1994-1995), The Maudsley and The Bethlem Royal Hospitals, London, UK
1996: Clinical Research Worker (Funded by the Mental Health Foundation), Institute of Psychiatry, Academic Department of Child & Adolescent Psychiatry, London and Honorary Senior Registrar in Child & Adolescent Psychiatry, Maudsley Hospital.
1997- 2006: Consultant Child & Adolescent Psychiatrist, NHS Psychiatric Hospital of Attika - Mental Health Centre of Peristeri, Athens, Greece, Clinical Leader of the Child and Adolescent Mental Health Service, serving the 4th Sector of Mental Health of Attica (population <18 years approx. 200,000), & as from 2007 .
2007 - 08/2017: Consultant Child & Adolescent Psychiatrist part-time MHC of Peristeri and part-time the 2nd Department of Psychiatry, Attikon University Hospital (Out-patient Clinic for Children and Young people & in charge of Paediatric Liaison service).
09/2017-present: Assistant Professor in Child & Adolescent Psychiatry, National & Kapodistrian University of Athens, 2nd Psychiatry Department, Attikon University Hospital

PUBLICATIONS

Research published in peer reviewed journals

- Giannopoulou, I., Smith, P., Strouthos, M., Dikaikou, A. & Yule, W. (2006). Factor Structure of the Children's Revised Impact of Event Scale (CRIES) with children exposed to earthquake. *Personality and Individual Differences*, 20, 1027-1037.
- Giannopoulou, I., Smith, P., Strouthos, M., Dikaikou, A., Galanopoulou, V. & Yule, W. (2006). Post-traumatic stress reactions of children and adolescents exposed to Athens 1999 earthquake. *European Psychiatry*, 21, 160-166.
- Giannopoulou, I., Dikaikou, A. & Yule, W. (2006) Group CBT intervention for PTSD symptoms in children following the Athens 1999 earthquake – a pilot study. *Clinical Child Psychology and Psychiatry*, 11, 543-553.
- Papadatou D, Giannopoulou I, Bitsakou P, Bellali T, Tallias MA, Tselepi K. (2012) Adolescents' reactions following a wildfire disaster in Greece. *Journal of Traumatic Stress*, 25, 57-63.
- Giannopoulou, I., Lardoutsou, S. & Kerasioti, A. (2014) CBT Parent Training Program for the management of young children with Behavior problems: A pilot study. *Hellenic Journal of Psychology*, 11, 241-257.
- Bouras, G., Michopoulos, I., Theofanopoulou, N., Giannopoulou, I., Christodoulou, C., Dinopoulos, A. (2015) Conversion disorder in a preschool age girl. *Journal of Health Psychology*, 1-5.
- Lazaratou, H., Giannopoulou, I., Anomitri, X. & Douzenis, A. (2016). Case report: Matricide by a 17-year old boy with Asperger's syndrome. *Aggression & Violent Behavior*, 31, 61-65.
- Giannopoulou I, Korkoliakou, P., Pasalari, E. & Douzenis, A. (2017). Greek teacher's knowledge about ADHD following an educational intervention programme: A comparison between a half- and two-day training seminar. *Psykiatriki*, 28, 226-233.
- Giannopoulou I, Pasalari, E., Korkoliakou, P., Douzenis, A. (2017). Raising Autism Awareness among Greek Teachers. *International Journal of Disability, Development and Education*, DOI: 10.1080/1034912X.2018.1462474.
- Papadatou, D., Bellali, T., Tselepi, K., Giannopoulou, I. (2017). Adolescents' trajectory through peer loss after a road traffic accident *Death Studies*, 46, 383-391.
- Bellali, T., Giannopoulou, I., Tsourti, Z., Malliarou, M., Sarafis, P., Minasidou, E., Papadatou, D. (2018). Psychometric Properties of the Revised Death Attitude Profile in a Greek Sample of Nurses. *Journal of Nursing Measurement*, 26, 264-276.
- Giannopoulou, I., Pagida, M.A., Briana, D.D., Panayotacopoulou, M.T. (2018). Perinatal hypoxia as a risk factor for psychopathology later in life: the role of dopamine and neurotrophins. *Hormones, International Journal of Endocrinology and Metabolism*, DOI: 10.1007/s42000-018-0007-7.
- Giannopoulou, I., Bitsakou, P., Ralli, E., Chatzis, F., Papadatou, D. (2018). Addressing Cultural Issues in Grief Counseling with Immigrants: The Case of a Bereaved Filipino Family Following Homicide. *European Journal of Counseling Psychology* (in press).

Research published in peer reviewed Greek journals

- Galanopoulou, V. & Giannopoulou, I. (2003). Youth violence and bullying in schools. *Periodiki Ekdoti of the Greek Medical Association for Study of Psychosomatic Problems*, 18, 29-41.
- Giannopoulou, I. & Tsobanoglou, G. (2005). Youth Delinquency in Greece. *Encephalos*, 42, 67-76.
- Giannopoulou, I., Dikeakou, A. & Tsobanoglou, G. (2005). Assessment of children's and adolescent's mental health needs: The paradigm of the 4th Child & Adolescent Mental Health Sector. *Tetradia Psychiatrikis*, p.85-94.

- Giannopoulou, I. & Tsobanoglou, G. (2006). Training programmes for parents of preschoolers as a measure of preventing conduct disorders. *Psykiatriki*, 17(3), 224-236.
- Giannopoulou, I. (2006). The developmental pathways of hyperactive behaviour in preschoolers: from risk to disorder. *Paedi & Efivos: Mental Health and Psychopathology*, 8 (2), 75-91.
- Giannopoulou, I. (2012) Neurobiological inscriptions of psychological trauma during early childhood. *Psykiatriki*, 23 (Supplement), 27-38.
- Dimitropoulou, E. & Giannopoulou, I. (2016). Dysmorphic Body Disorder in Adolescents: Current knowledge and Cognitive Behavior Therapy. *Hellenic Journal of Cognitive Behavioral Research and Therapy*, 2(1), 19-28.

Books

- G. Tsobanoglou, G. Korres, I. Giannopoulou (eds). *Social Inclusion Policies*. Athens: Papazisis Publishers, 2006 (published in Greek).
- I. Giannopoulou, A. Douzenis, & E. Lykouras (eds). *Child and Adolescent Forensic Psychiatry*. Athens: Paschalidis Medical Publishers, 2010 (published in Greek, the first reference book in Greece on this topic).
- I. Giannopoulou, S. Lardoutsou, A. Kerasiotti. *Parent training programme "Ten steps to a better behaviour" - Manual for Mental Health Professionals*. Chania: Glafki Publishers, 2016 (published in Greek).

Book Chapters and Conference Proceedings (in English)

- Giannopoulou, I. (1989). Patterns of alcohol and drug use, and indicators of psychological distress among Greek immigrant adolescents. In: R.B. Waahlberg (Ed.) *Proceedings of the 35th International Congress on Alcoholism and Drug Dependence*, July 31st to August 6th 1988, Oslo, Norway, Vol. 2, pp. 130-139, ICCA.
- Giannopoulou, I., Atsarou, A. & Stamatogianni, D. (2008) Children with psychotic personality structure: two case studies. In: C. Coulacoglou (Ed.). *Exploring the Child's Personality*, pp. 154-194. Springfield, Illinois: Charles C. Thomas.
- Tsobanoglou, G. & Giannopoulou, I. (2013) Organizational framework of the public care system in Greece – Does it promote child protection? In: *Citizenship and Social Development, Citizen participation and community involvement in social welfare and social policy* (eds. L. Nicolaou-Sokoviti, J. Rozanova, V.P. Economou), pp. 579-592.
- Giannopoulou I. & Tsobanoglou, G. (2014). Economic crisis impacts upon child mental health. In: G.M. Keorres, E. Kouliouros, G.O. Tsobanoglou, A. Kokkinou (eds.) *Socio-Economic Sustainability, Regional Development and Spatial Planning: European and International Dimensions & Perspectives*, Conference Proceedings (ISBN: 978-960-93-6040-1).

Book Chapters (in Greek)

Book chapters in psychiatry and child & adolescent psychiatry reference books: 23
 Topics covered: ADHD (5), preschool ADHD (2), child CBT (4), Youth Delinquency (2), Child abuse (3), Trauma (1), Ethical issues in child and adolescent psychiatry (1), developmental language disorders (2), learning disability, autism spectrum disorders (1), child mental health and maternal breastfeeding (1).

Presentations at Scientific Meetings

I have made 80 presentations at National and International Meetings, and 27 invited presentations, which have been included in Book of Abstracts or published in journal supplements.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- 1991- The Association for Child and Adolescent Mental Health (ACAMH)
- 1999- Hellenic Psychiatric Association, Child Psychiatry Section and Forensic Psychiatry Section (Secretary 2011 -)
- 1999 - Hellenic Society for Child & Adolescent Psychiatry, which is a Member of the ESCAP - European Society for Child and Adolescent Psychiatry (Vice-President 2013-2015, 2017-)
- 1999 - Greek Association of Behavioral Research, which is a Member of the European Association of Cognitive Behavioural Therapy Institute of Behaviour Therapy and Research (Secretary 1999-2001)
- 2008 - Hellenic Society for Study of ADHD (Founding member and Vice-President (2008-2011)
- 2013 - Hellenic Society for Psychosocial Interventions in Disasters and Mass Emergencies (Founding Member and Secretary 2013 -)